



Enhancing Employability of Youth in Cultural and Creative Industries

Project Ref: 2022-1-CY02-KA220-YOU-000086328

Entrepreneurship Skills Manual Topic 1 Music Workshops WP2/A5

Date of Issue: 18/09/2023

Authored by: Karissa Hultgren

Partner Organisation: DigiCult

Executive Summary

This module, enhanced by two immersive workshops, provides musicians, both just starting and already established in the Cultural and Creative Industries (CCI), with a comprehensive foundation in music. Workshop 1 focuses on music theory and performance. Workshop 2 explores more in-depth musical theory and song composing in a collaborative setting. Through interactive exercises, group discussions, and peer feedback, participants not only sharpen their musical abilities and skills but also gain insights into the collaborative nature of music. This module will allow musicians, at any level, to access their full potential.

[The EPICURIOUS Entrepreneurship Skills Manual](#) © 2023 by [The Consortium of the EU Co-Funded Project "EPICURIOUS"](#) is licensed under [Attribution-NonCommercial-ShareAlike 4.0 International](#)





Table of Contents

Executive Summary	1
1. Workshop 1 – Harmony in Action: A Music Theory and Performance Workshop	3
1.1 Workshop 1 Outline	4
2. Workshop 2 – Unlocking Melodies: A Music Theory and Songwriting Workshop	6
2.1 Workshop 2 Outline	7

1. Workshop 1 – Harmony in Action: A Music Theory and Performance Workshop

Welcome to Workshop 1 of our Music module, entitled: *Harmony in Action: A Music Theory and Performance Workshop*. Throughout this workshop, you will get to develop not only your musical ear but also your performance ability. It is hoped that you not only find this workshop enlightening and educational but also enjoyable.

Scope

Throughout this workshop, we will explore the following key areas:

- Music theory: We will explore reading music at both a beginning and advanced level.
- Effective rehearsal techniques: learn how to make rehearsal a productive time whether you are a solo or ensemble performer.
- Performing music: We will develop your ability to perform music with confidence and musicality as well as meaning.

Objectives

By the end of this workshop, you will be able to:

- Understand and explain music theory including scales, intervals and key signatures and apply music theory to performance to improve your performance ability.
- Use instrument-specific or vocal techniques to improve tone, articulation, and control.
- Provide constructive and knowledgeable feedback for fellow musicians.

Learning Outcomes

Upon completing this workshop, you will:

- Have a basic understanding of music theory and explain how it can positively impact musicality.
- Explain musical techniques for improved performance and overcoming performance anxiety.
- Have experience performing a musical piece both in a solo format and collaboration.

Time

- 8 Hours (1 academic hour = 45 minutes). *Note: this workshop can be condensed into 6 hours if needed.*

1.1 Workshop 1 Outline

Time Required	Activity and Description	Materials Needed	Outcome
5 m	Welcoming participants	No materials	N/A
15 m	Introduction of the facilitator and background / Introduction of the participants (maybe select an ice-breaking game)	No materials	N/A
90 m	Introduction to Music Theory Participants will get an overview of key music theory essentials including time signatures, intervals and key signatures. The participants will then complete an exercise on notating a piece of music.	Paper and pen Pieces of music (can be different or the same), should be both lyrical and vocal.	A firm understanding of music theory.
60 m	Harmonic Mastery Participants will get an introduction to harmony and chord progression. They will then work with others to harmonize a piece of music.	Paper and pen Music to harmonize to. Music stands	Harmonizing
1 hour	Lunch break and collaboration The participants will be encouraged to sit together and discuss music and bond. It is advised that the leader of the workshop put cards with conversation starters.	Conversation starters	Collaboration
90 m	Technique Enhancement Participants will break apart into two groups (one vocal and one instrumental), they will get practical skills in vocal and instrumental techniques and then practice those techniques	Music stands	Improvement of vocal or instrumental techniques
60 m	Effective Rehearsal Strategies An introduction into strategies for efficient solo and ensemble rehearsals, goal setting and practice planning and then group discussions and sharing of rehearsal tips. (at this point, you	Flipchart and markers	Collaboration and rehearsal techniques

	may bring vocalists and instrumentalists together for this portion.		
90 m	Performance Preparation Participants will prepare for a performance, including stage presence and communication and go over performance anxiety management techniques at the end of the session, participants will have a mock performance with peer feedback in small groups	Paper and pen, music, music stands, microphones	Performance techniques
60 m	Showcase and Feedback Participants will perform a final piece in the groups they prepared with. They will perform for all the members of the workshop. Other participants should take notes on their performance.	Microphones, mic stands, Paper and pen	Performance and music
15 m	Sharing and feedback The participants will give feedback	Paper and pen	Giving and receiving feedback.
5 m	Conclusion The facilitator thanked everyone for their active participation.	No materials	N/A

2. Workshop 2 – Unlocking Melodies: A Music Theory and Songwriting Workshop

Welcome to Workshop 2 of our music module. The "Unlocking Melodies" workshop is designed to inspire and equip aspiring songwriters and musicians with the fundamental knowledge of music theory and practical techniques for crafting memorable songs. Through interactive sessions and hands-on activities, participants will explore the building blocks of music, learn about songwriting structures, and collaborate to create their songs.

Scope

Throughout this workshop, we will delve into the following key areas:

- Music theory: Delve into chord progressions, time signatures and key signatures and develop the ability to identify musical elements within popular songs.
- Songwriting: Improve your ability to compose music in a more developed manner and compose original lyrics and melodies.
- Collaborative songwriting: Work with other passionate musicians to compose pieces of music.

Objectives

By the end of this workshop, you will be able to:

- Use music theory to inform musical composition.
- Write a complete piece of music that is both lyrically and musically interesting.
- Collaborate effectively to compose a piece of music.
- Provide constructive feedback to fellow musicians.

Learning Outcomes

Upon completing this workshop, you will:

- Understand music theory and its application to musical composition.
- Understand how to compose a piece of music.
- Be able to effectively collaborate with other musicians.

Time

8 hours (1 academic hour = 45 minutes). *Note: this workshop can be compressed into 6 hours.*

2.1 Workshop 2 Outline

Time Required	Activity and Description	Materials Needed	Outcome
5 m	Welcoming participants	No materials	N/A
15 m	Introduction of the facilitator and background / Introduction of the participants (maybe select an ice-breaking game)		N/A
90 m	Introduction to Music Theory <ul style="list-style-type: none"> - Overview of music theory fundamentals - Understanding scales and key signatures - Exploring common chord progressions 	Paper and pen, Pieces of music	Understanding music theory and chord progressions
60 m	The Art of Lyrics <ul style="list-style-type: none"> - Crafting meaningful lyrics - Rhyme schemes and lyrical techniques - Hands-on lyric writing exercises 	Lyrics, paper, pen	Lyrical composing
60 m	Lunch break The lunch break is a great chance for participants to collaborate informally. The facilitator could provide conversation starters or in-table activities.	Conversation starters or table games/activities	collaboration
90 m	Melody Magic <ul style="list-style-type: none"> - The role of melody in songwriting - Creating memorable melodies - Melody composition activities 	Paper and pen Popular Songs	Melody and music
60 m	Song Structures <ul style="list-style-type: none"> - Exploring common song structures (e.g., verse-chorus, AABA) - Analysing hit songs for structure - Participants share favourite song structures 	Flipchart and markers, Hit song lyrics	Song structure, collaboration

120 m	<p>Collaborative Songwriting</p> <ul style="list-style-type: none"> - Participants form small teams to compose original songs. - Sharing and discussion of created songs 	<p>Paper and pen, Sheet music paper</p>	<p>Songwriting</p>
60 m	<p>Final presentation</p> <ul style="list-style-type: none"> - Participants perform their group's song (optional) - Peer feedback and constructive critique - Closing remarks and next steps 	<p>Music stands, microphones, paper and pen for feedback</p>	<p>Performance</p>
10 m	<p>Conclusion</p> <p>The facilitator thanked everyone for their active participation.</p>	<p>No materials</p>	<p>N/A</p>